2: Read E-5 (1935-1939) 1956
FR5 Ngoni FR5

national ritual of the first-fruits ceremony (*incwala*), which brought all the people to the royal village, was also abandoned before the Ngoni kingdoms were finally established, for no old person alive in the 1930's had seen the *incwala* ceremony.

(*d*) *The ceremonial pattern*

Ngoni songs and dances were performed without the accompaniment of drums and the words of the songs sung in the 1930's were in the Ngoni language. The war-dance, *ligubo*, was still danced at the royal village and at the funerals of Paramounts and Royal Sisters. The *ngoma* dance, performed after the harvest by young men and girls, was encouraged by the two Ngoni Paramounts, who endeavoured to prohibit other dances which were not of Ngoni origin.

Ceremonial dress, especially the war-dress of the men, was well preserved by heads of clans in the 1930's in the central Ngoni kingdom. In both kingdoms the Ngoni leading women wore their traditional bead ornaments on the head and neck and arms, and tied their cloths on festive occasions in the way in which their ancestors wore the long lengths of soft dressed leather.

Only in Ngoni families were to be found the making of milk curds (*amasi*), the cooked blood (*ulubende*), and the stamped maize (*izinkobe*), all of which were traditional foods brought by them from the south.

(*e*) *The linguistic pattern*

In the 1930's the Ngoni language had almost disappeared as a home language, except in Chief Mperembe's area in the northern kingdom. The majority of the older men could still speak and understand Ngoni, and nearly all the men who had been away to work in Southern Rhodesia or the Transvaal had renewed their knowledge of Ngoni or learnt to understand it from working with men who spoke Ndebele, Zulu or Swazi. The texts in this book from the northern kingdom were given in the Ngoni language and translated for me by Y. M. Cibambo. His own texts were written for me in English. The texts from the central kingdom were given in Nyanja and translated by me. The vernacular terms used in this book illustrate the continued use of Ngoni terms for traditional offices and objects, though in the central kingdom many of these were being replaced by Nyanja terms. Words of traditional songs, some ritual formulae, some forms of address, some titles of senior persons or groups —all these were in Ngoni. The younger generation, however, especially if they had not been south and heard Zulu or Ndebele, were not able to make any of the clicks, or to pronounce such double consonants as *dl* and *hl*.

The Ngoni were punctilious about etiquette, and especially about the linguistic terms required by good manners for greeting persons of different rank and seniority, thanking for gifts or for an audience, taking

5: Allan C-5 (1941)1949 FR5 Ngoni FR5
Mpezeni
Lamba FQ8

The people in the original area were short of food but by no means at starvation level. This was ascertained by taking seven sample villages at random within the congested area and weighing their entire food stocks during the first fortnight of February. From these samples the following data were obtained.

Grain Stocks of Seven Ngoni Villages

(February 1941)

Total population			Total grain stocks
Men	Women	Children	lb.
292	389	531	24,710

Making no allowance for a special reserve of seed against a possible need for replanting, or for loss in preparing flour and for other reasons, the grain stock represents not more than 20 days usage, and supplies would probably be exhausted by early March. There was much variation between villages; one exceptional village had enough grain for 46 days while in another the grain stocks represented only 4 days supply. It will be remembered, however, that in an African social system, kinship obligations tend to even out the distribution of food supplies.

In striking contrast to these samples, a village which had recently made an illicit move to unoccupied private land was found to have, at the end of February, grain stocks representing 81 days supply. The effects of falling yields first make themselves felt in the bad years and it should be noted that the sampling was done in a year following a good climatic season. It will also be noted that villages which would in all probability have reached the starvation level had already transferred themselves.

There is, then, a time lag between the beginning of over-crowded conditions and the point at which obvious symptoms of land degeneration and soil erosion appear. The length of this time lag clearly depends on a number of factors acting together; the type of land and the system used on it, the degree of congestion, the original population density and the rate of population increase, if any. A further variable time lag elapses before conditions of general food shortage are reached. Under some conditions the process of land degradation may result in food shortage within a very few years, while in other cases this result may not appear for twenty years or more.

Within ten years of the creation of reserves in the Mkushi District obvious land degradation and recurrent food shortages in some areas had reached such a stage as to attract the attention of District Officers, missionaries and other interested persons, and to create an insistent demand for additional land. The population densities in these areas were 18 to 25 persons per square mile. Other areas of the Territory, notably the reserves of the

6:Rattray E, G-5 (ca. 1900) 1907 FR5 Ngoni FR5

PREFACE BY THE REV. ALEXANDER HETHERWICK, D.D.

114 THE author of the following book has been for some years located among the Nyanja-speaking tribes of British Central Africa at Blantyre, and afterwards in Central Angoniland. His occupation as a member of the African Lakes Corporation has brought him into close contact with the native 122 population of these districts. He has taken advantage of his opportunities to familiarize himself with the native language, of which he has acquired a very competent knowledge. In the course of his • 126 studies he made a collection of native folk-lore and stories which illustrate in the fullest degree the various constructions, idioms and grammatical forms of the language. These he has now published with the coöperation of the Directors of the Corporation.

121 The book is of value as containing examples of native life, habits and customs which are rapidly disappearing from the country before the advance of civilization and the work of Christian missions. The coming generation of natives will grow up under [178] new influences, and the habits of thought and belief that ruled the lives of their fathers will soon be forgotten. Collections of folk-lore such as this book contains are therefore invaluable for the light they throw on a state of native life that is rapidly passing away.

To get into the heart of the native mind is a task well-nigh impossible for a European. The nearest

9: Read E-5 (1935) 1936 FR5 Ngoni FR5
Maravi FR4

Stated very briefly, the problem is this: an Ngoni aristocratic minority created an Ngoni 'state' of mixed ethnic units, imposed a national identity on all who formed part of it, and inspired a real 'national feeling' among those who were assimilated. In this article I propose to look at this problem as it exists to-day in the light of white contact, and more particularly as a prelude to Indirect Rule. My thesis is that Ngoni 'national feeling' is based on the traditions of their past—on the story of their southern origin, their trek from the south, and their settlement in their present areas. I shall show how the continued preservation of their distinctive institutions, together with their strong historical sense, gave them a dominant position in the country, which was enforced through their military and political supremacy. This supremacy was first challenged and then overthrown by the arrival of the Europeans and the defeat of the Ngoni military power. The situation thus created is the key to the Ngoni attitude towards white contact to-day.

The plan of work which I adopted at the beginning had as its aim the establishing of certain essential data—namely, to determine the principles of local or territorial settlement in relation to the political organization and the ethnic constitution of the area. This involved making maps of the Paramount Chief's 'country' and of the 'countries' of his subordinate chiefs, showing the areas over which individuals exercised authority and their relation to those above and below them in the political hierarchy. It also involved making a number of village plans, showing the alignment of houses on the village site, the names and clans of the inhabitants and their mutual relations in terms of kinship groups and village organization.[1] In villages called Ngoni villages, that is, where the 'owner' of the village was of a recognized Ngoni clan and where there was a nucleus of Ngoni clansmen, the individuals in Ngoni clans numbered from 25–75 per cent. of the total inhabitants, the average being about 45 per cent. In a number of the villages where no Ngoni clans were represented, the villagers nevertheless asserted, 'We are Ngoni, because we are the

[1] This collecting of village plans was viewed with some suspicion at first as a new way of helping the Government to catch tax defaulters. However, when I promised the Paramount Chief that no one in the locality should see the village plans, he sent out word that I was to be given all the information I needed, and no one need fear the consequences.

814 down fully and correctly. When I arrived in Chief Gomani's country,
124 after having stayed in the other two Ngoni areas, the chiefs and leading
men whom he called to see me asked at once, 'What did the other
[114] Ngoni do to show you they were Ngoni? *We* want you first to hear the story of our people.' If I said to any older man of good standing, that is of a true Ngoni clan, 'Tell me about the Ngoni', he invariably began with the traditions of the south and their trek north.

173 I have some fifteen long texts[1] of Ngoni history, most of which
• [126] begin with the stories of Dingiswayo and Zwidi, leading on to the rise of Chaka and the Ngoni exodus from the south. These texts not only show a measure of agreement with each other, but they also are verifiable by established history as recorded by Europeans. Those texts which came from Gomani's country contain different material after the exodus from the south. For the Ngoni under the leadership of the
[614] Maseko clan came north with Mzilikazi and the Matabele, and crossing the Zambesi alone, went east of Lake Nyasa into Tanganyika.[2] The main Ngoni group under the Jere clan went west of Lake Nyasa into Tanganyika, and remained a united group until the death of Zwangendaba in 1848. A disputed succession followed and the Ngoni split up under two rival Paramounts, Mpezeni and Mwambera. The history
[814] of those years, as related to-day, is largely concerned with proving in each area that their Paramount is the only rightful one, the only one to whom the royal salute *Bayete* should be given. Mpezeni's historians say, 'Mwambera snatched *Bayete*'—and vice versa. In spite of these divergences in later history, however, the Ngoni point to their earlier
619 history and say, 'You see we are all one people'. They are conscious
829 of, and troubled about, their present divisions and inclined to attribute them to our premature arrival in the country. 'You came too soon. We would have fought until there was only one *inkosi*.'

814 The detailed knowledge of Ngoni history is regarded as the province of a specialist. 'How can a man of no wisdom remember all those names?' From time to time 'historians' tell episodes of this traditional history in the villages of the Paramount or of other im-

[1] 800–1,000 words.

[2] This is their own account and is confirmed by the Rev. Charles Stuart, formerly at Ekwendeni, but not so far recorded by other Europeans.